

● **Marcia Wieder** has passion about coaching and getting us clear on our dreams.



# Turn Your dreams Into **REALITY**

**W**hat happens to a dream deferred? The unfulfilled dream lingers in the mind, leading to blockage and frustration. Potentialities are put aside in favor of everyday practicalities. It often seems impossible to set aside the time and space necessary to actively pursue the dreams that would lead us to greater satisfaction in our lives. Once a decision to change has been made, a coach can assist in turning dreams into reality.

“Dream Coaches help people to find their life’s purpose, **ignite their passion**, clarify their dreams, remove all obstacles, take action, and produce results”

Coaching is an ongoing professional relationship that helps people produce extraordinary results in their lives, careers, businesses or organizations. Through the process of coaching, clients deepen their learning, heighten their self-awareness, improve their performance, and enhance their quality of life. In each contact, whether in person or on the telephone, the coach listens, contributes observations and asks questions to create clarity and moves the client into action.

Coaching accelerates progress by providing focus and awareness. Coaching recognizes that results are a matter of your intentions, your choices and your actions. The bottom line is that a great coach will help you get what you want, often more quickly than doing it alone. Coaching is an opportunity to break free. In a coaching relationship you are in the seat of power and control and can proactively direct your life in the direction you want to go. Coaching can assist you in changing any area of your life, whether it is career, relationships, health or community.